10:00 KEY OPEN MODEL

MNQ · 19 October 2026

1 minute · long · target RH IRD

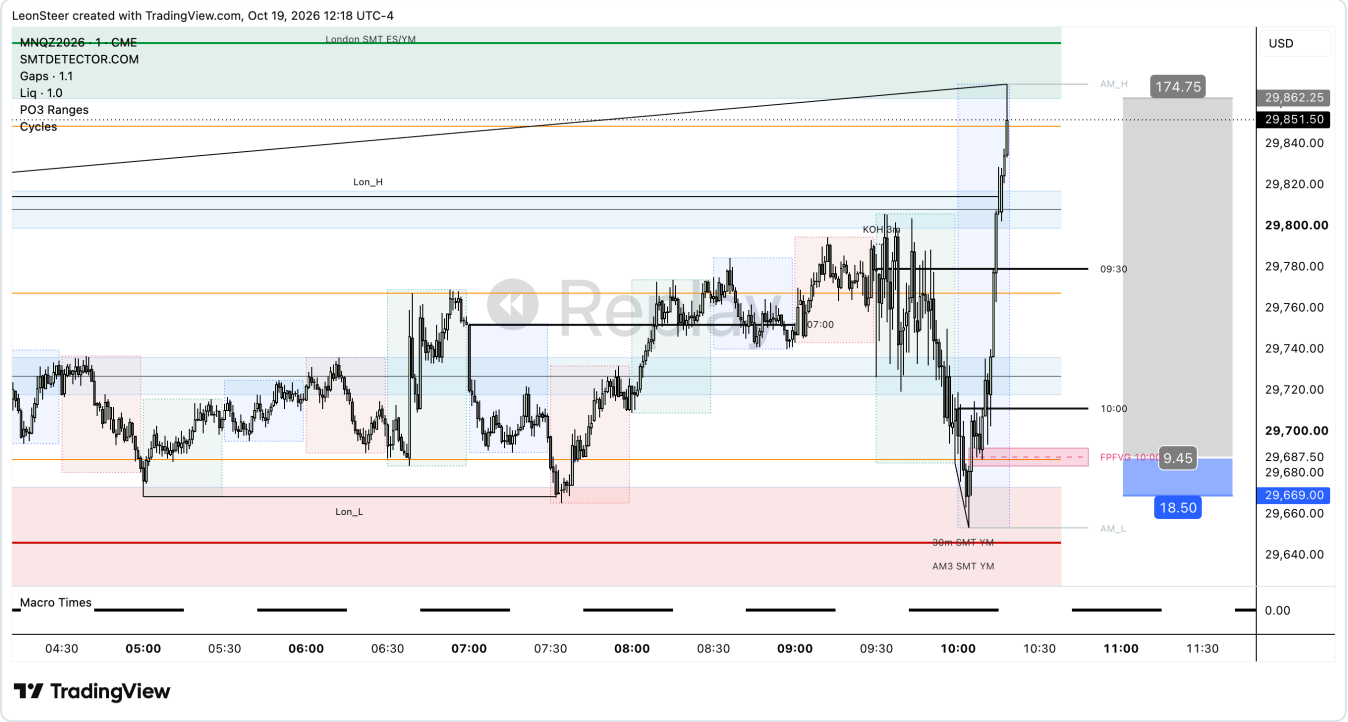


Chart as marked at the time of the trade.

WHAT HAPPENED

This model is for when 09:30 is choppy price action — consolidation. That is because 07:00, the previous trade, was a trend. When 07:00 is trending, the 09:30 is often consolidation.

THE NUMBERS

Entry	**29,687.50**	in the 10:00 FPFVG
Stop	**29,669.00**	0.5 under the FVG · 18.50 points
Target · RH IRD	**29,861.00**	
Partials possible	**Asia High · London High**	engineered for the RH IRD
AM_H	**29,862.25**	session was live, high not fixed

RISK

18.50

points · 29,687.50 to 29,669.00

RESULT

9.38R

173.50 points · RH IRD

THE TRADE, STEP BY STEP

1. **Both sides marked beforehand**

   Buy side and sell side were already marked.

2. **The buy side was taken inside the consolidation**

   Price took the buy side during the consolidation, but that was not tradeable — far too choppy.

3. **Price picked a direction**

   Eventually price started to move one way. After the 10:00 open it was down.

4. **A low had to be taken first**

   Higher price was still expected on the higher timeframe, so a low needed to be taken. From the 10:00 open price went for the low that had formed before it, dipping into the RL ERD again.

5. **30M SMT with YM**

   There was 30M SMT with YM. Not really important, but worth keeping an eye on.

6. **Entry on the First Presented FVG**

   Price came back above the First Presented FVG that had formed after 10:00, and that is where the long entry was looked for. Price dipped into that FVG and the entry was taken.

7. **Stop 0.5 points under the FVG**

   That came to 18.50 points from the entry.

8. **Up to the RH IRD**

   Price kept going up to the RH IRD — a move from RL to RH. London High and Asia High sat in front of it, but they were engineered for the RH IRD, so the RH IRD is the final target. Partials could be taken at the Asia High and the London High.

9. **AM_H was not a fixed level**

   AM_H was the session that was live, so its high was not fixed.